

# **Report on the Roles, Responsibilities, Goals, and Objectives of the Research Committee**

## **Middle East Society for Sexual Medicine (MESSM)**

### **1. Introduction**

The Research Committee of the Middle East Society for Sexual Medicine (MESSM) is responsible for advancing high-quality scientific research in the field of **sexual medicine and reproductive health for both men and women** across the Middle East. The Committee aims to generate region-specific evidence, identify research priorities, and support impactful academic output that addresses the diverse sexual health needs of the regional population. Through structured research initiatives, data-driven analysis, and multidisciplinary collaboration, the Committee contributes to evidence-based clinical practice, guideline development, and public health advancement.

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### **2. Roles of the Research Committee**

The Research Committee serves as the principal body for research leadership, coordination, and oversight within MESSM. Its primary roles include:

- Providing strategic leadership for research activities related to male and female sexual health and reproductive medicine.
  - Identifying research gaps and prioritizing topics of clinical, scientific, and public health relevance.
  - Facilitating collaborative research among MESSM members and external academic and clinical partners.
  - Supporting the generation of scientific evidence to inform clinical practice, education, and health policy in sexual medicine.
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### **3. Responsibilities of the Research Committee**

#### **3.1 Needs Assessment and Research Prioritization**

- Conducting comprehensive needs assessments to identify gaps in sexual and reproductive health research for both men and women in the Middle East.
- Prioritizing research topics based on prevalence, disease burden, psychosocial impact, and relevance to the regional population.

- Ensuring alignment of research priorities with MESSM's mission and strategic objectives.

### 3.2 Online Surveys on Sexual and Reproductive Health

- Designing and initiating online surveys addressing **sexual and reproductive health in men and women** across the Middle East.
- Conducting surveys targeting healthcare professionals and the general population.
- Addressing key topics such as sexual health behaviors, reproductive health awareness, mental health and well-being, lifestyle factors, access to healthcare services, and preventive health practices.
- Collaborating with MESSM members and local organizations to ensure broad dissemination and representative participation.

### 3.3 Data Collection and Analysis

- Overseeing the systematic collection of research and survey data.
- Analyzing data to identify trends, sex-specific patterns, and priority areas for further investigation.
- Collaborating with statisticians and experienced researchers to ensure scientific rigor and high-quality analysis.

### 3.4 Research Papers and Scientific Publications

- Producing high-quality research papers addressing **sexual health, reproductive health, and psychosexual issues in both men and women** in the Middle East.
- Covering topics such as sexual dysfunction, reproductive health, mental health challenges, healthcare-seeking behaviors, and health disparities.
- Encouraging collaborative authorship among MESSM members and regional and international experts.

### 3.5 Clinical Guidelines Development

- Developing evidence-based clinical guidelines informed by original research, survey findings, and systematic reviews.
- Addressing prevention, diagnosis, and management of sexual health conditions in **both male and female patients**.
- Involving multidisciplinary experts, including urologists, gynecologists, psychologists, endocrinologists, and other relevant specialists.

- Coordinating with the Communication Committee to support educational and awareness campaigns derived from guideline recommendations.

### **3.6 Dissemination and Implementation**

- Organizing scientific sessions, workshops, webinars, and congress activities to disseminate research outcomes.
- Collaborating with local and regional health authorities to support guideline endorsement and implementation.

### **3.7 Systematic Reviews**

- Recruiting MESSM members to participate in systematic reviews **addressing male and female sexual health topics**.
- Conducting systematic reviews on areas such as sexual dysfunction treatments, reproductive health, hormonal therapies, mental health interventions, and lifestyle modifications.
- Establishing collaborations with international institutions and research networks.

### **3.8 Monitoring and Evaluation**

- Monitoring progress against defined objectives and timelines.
- Adjusting research strategies based on emerging evidence, feedback, and regional health priorities.
- Providing structured quarterly progress reports to MESSM leadership and stakeholders.

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## **4. Goals of the Research Committee**

The goals of the Research Committee are to:

- Advance high-quality, region-specific research in sexual medicine for both men and women.
  - Strengthen evidence-based clinical practice and health policy in the Middle East.
  - Promote research collaboration, mentorship, and capacity building within MESSM.
  - Support the development of clinical guidelines and educational initiatives in sexual medicine.
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## **5. Objectives of the Research Committee**

To achieve its goals, the Research Committee aims to:

- Identify and address research gaps in male and female sexual and reproductive health.
  - Generate reliable data through surveys, original research, and systematic reviews.
  - Increase the quantity and quality of MESSM-affiliated scientific publications.
  - Foster multidisciplinary and international research collaboration.
  - Ensure transparency, accountability, and continuous evaluation of research activities.
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## **6. Conclusion**

The Research Committee is a central pillar of MESSM's academic mission. Through its defined roles, responsibilities, goals, and objectives, the Committee advances scientific knowledge in sexual medicine for both men and women, supports evidence-based clinical practice, and strengthens research capacity across the Middle East, ultimately improving sexual and reproductive health outcomes for the regional population.