

Report on the Roles, Responsibilities, Goals, and Objectives of the Research Committee

Middle East Society for Sexual Medicine (MESSM)

1. Introduction

The Research Committee of the Middle East Society for Sexual Medicine (MESSM) is responsible for advancing high-quality scientific research in the field of **sexual medicine and reproductive health for both men and women** across the Middle East. The Committee aims to generate region-specific evidence, identify research priorities, and support impactful academic output that addresses the diverse sexual health needs of the regional population. Through structured research initiatives, data-driven analysis, and multidisciplinary collaboration, the Committee contributes to evidence-based clinical practice, guideline development, and public health advancement.

2. Roles of the Research Committee

The Research Committee serves as the principal body for research leadership, coordination, and oversight within MESSM. Its primary roles include:

- Providing strategic leadership for research activities related to male and female sexual health and reproductive medicine.
- Identifying research gaps and prioritizing topics of clinical, scientific, and public health relevance.
- Facilitating collaborative research among MESSM members and external academic and clinical partners.
- Supporting the generation of scientific evidence to inform clinical practice, education, and health policy in sexual medicine.

3. Responsibilities of the Research Committee

3.1 Needs Assessment and Research Prioritization

- Conducting comprehensive needs assessments to identify gaps in sexual and reproductive health research for both men and women in the Middle East.
- Prioritizing research topics based on prevalence, disease burden, psychosocial impact, and relevance to the regional population.

- Ensuring alignment of research priorities with MESSM's mission and strategic objectives.

3.2 Online Surveys on Sexual and Reproductive Health

- Designing and initiating online surveys addressing **sexual and reproductive health in men and women** across the Middle East.
- Conducting surveys targeting healthcare professionals and the general population.
- Addressing key topics such as sexual health behaviors, reproductive health awareness, mental health and well-being, lifestyle factors, access to healthcare services, and preventive health practices.
- Collaborating with MESSM members and local organizations to ensure broad dissemination and representative participation.

3.3 Data Collection and Analysis

- Overseeing the systematic collection of research and survey data.
- Analyzing data to identify trends, sex-specific patterns, and priority areas for further investigation.
- Collaborating with statisticians and experienced researchers to ensure scientific rigor and high-quality analysis.

3.4 Research Papers and Scientific Publications

- Producing high-quality research papers addressing **sexual health, reproductive health, and psychosexual issues in both men and women** in the Middle East.
- Covering topics such as sexual dysfunction, reproductive health, mental health challenges, healthcare-seeking behaviors, and health disparities.
- Encouraging collaborative authorship among MESSM members and regional and international experts.

3.5 Clinical Guidelines Development

- Developing evidence-based clinical guidelines informed by original research, survey findings, and systematic reviews.
- Addressing prevention, diagnosis, and management of sexual health conditions in **both male and female patients**.
- Involving multidisciplinary experts, including urologists, gynecologists, psychologists, endocrinologists, and other relevant specialists.

- Coordinating with the Communication Committee to support educational and awareness campaigns derived from guideline recommendations.

3.6 Dissemination and Implementation

- Organizing scientific sessions, workshops, webinars, and congress activities to disseminate research outcomes.
- Collaborating with local and regional health authorities to support guideline endorsement and implementation.

3.7 Systematic Reviews

- Recruiting MESSM members to participate in systematic reviews **addressing male and female sexual health topics**.
- Conducting systematic reviews on areas such as sexual dysfunction treatments, reproductive health, hormonal therapies, mental health interventions, and lifestyle modifications.
- Establishing collaborations with international institutions and research networks.

3.8 Monitoring and Evaluation

- Monitoring progress against defined objectives and timelines.
- Adjusting research strategies based on emerging evidence, feedback, and regional health priorities.
- Providing structured quarterly progress reports to MESSM leadership and stakeholders.

4. Goals of the Research Committee

The goals of the Research Committee are to:

- Advance high-quality, region-specific research in sexual medicine for both men and women.
- Strengthen evidence-based clinical practice and health policy in the Middle East.
- Promote research collaboration, mentorship, and capacity building within MESSM.
- Support the development of clinical guidelines and educational initiatives in sexual medicine.

5. Objectives of the Research Committee

To achieve its goals, the Research Committee aims to:

- Identify and address research gaps in male and female sexual and reproductive health.
- Generate reliable data through surveys, original research, and systematic reviews.
- Increase the quantity and quality of MESSM-affiliated scientific publications.
- Foster multidisciplinary and international research collaboration.
- Ensure transparency, accountability, and continuous evaluation of research activities.

6. Conclusion

The Research Committee is a central pillar of MESSM's academic mission. Through its defined roles, responsibilities, goals, and objectives, the Committee advances scientific knowledge in sexual medicine for both men and women, supports evidence-based clinical practice, and strengthens research capacity across the Middle East, ultimately improving sexual and reproductive health outcomes for the regional population.